

PLANET GYMNASTICS

PRESCHOOL PROGRAM



Front Desk Hours of operation:

Mon - Fri 12 noon – 7pm

900 Schillinger Rd Mobile, AL 36695

Phone (251) 650-0699 Fax (251) 639-9250

Download our registration forms and class schedules at your convenience.

Website: www.PlanetGymnastics.com Email: PlanetGymnasticsAL@comcast.net

> Mailing Address: PO Box 850602 Mobile, AL 36685

Gymnastics

PLANET GYMNASTICS PRESCHOOL PROGRAM

Preschool gymnastics helps children to develop a positive self-esteem. It gives confidence. It teaches coordination, fine and gross motor skills, socialization, following directions, and most of all, a joy of learning.

Our preschool gym is packed with mini-size gymnastic equipment as well as learning tools for basic language skills. Our preschool music sets the scene with developmental tunes appropriate for toddlers and young children. Students also venture out to the ground-level trampolines and foam pits in the "big gym" each class.

Our sessions last 6 weeks and follow our Gymnastics Development Plan. Students have goals to aim for throughout the session, and at the end they receive a certificate outlining their achievements, and a ribbon. We also have a special reward system for all students.

We also have a special event each session to celebrate holidays or seasons, and we host a Winter Wonderland performance by our students in December, and a Summer Fun Meet in June.

Classes are designed for different ages: <u>Bouncing Babies</u> is for ages 18 months – 3 years. Parents stay with their children during this 45 min. class.

<u>Tumbling Tots</u> is for 3 year olds who can now take the class independently with parents watching nearby. The class lasts 45 minutes.

<u>Kinderkids</u> is for 4-5 year olds. They practice more advanced skills, and stay in class for 1 hour.

<u>Advanced Boys</u> is for 5 year old boys who are strong enough to advance to the "big gym" apparatus. This prepares them for our developmental program.

6-week session costs \$74 - 45 mins, \$90 - 1 hr/week. \$5 discount if prepaid. Family discounts apply. You can sign up at any time during the session. Registration is \$40/year for 1 child, \$75/2 children & \$100/3 or more children. Students receive a membership package, including t-shirt.

A class schedule can be found at our front desk, or on our website at <u>www.PlanetGymnastics.com</u> Have your birthday party in the gym. See our brochure.

Planet Gymnastics......"Making a difference in the life of a child."