



## PLANET GYMNASTICS

### CHEERLEADING PROGRAM

#### Front Desk Hours of operation:

**Mon - Fri  
12 noon – 7pm**

**900 Schillinger Rd  
Mobile, AL 36695**

**Phone (251) 650-0699  
Fax (251) 639-9250**

**Download our registration forms and class schedules at your convenience.**

**Website: [www.PlanetGymnastics.com](http://www.PlanetGymnastics.com)  
Email: [PlanetGymnasticsAL@comcast.net](mailto:PlanetGymnasticsAL@comcast.net)  
Find us on Facebook!**



**Mailing Address:  
PO Box 850602  
Mobile, AL 36685**



## PLANET GYMNASTICS CHEERLEADING PROGRAM

The Cheer program offered at Planet Gymnastics offers instruction in every area in the sport of cheerleading; Cheer Jumps and Motions, Cheer Dance, Tumbling and Stunting. Students will train in a state of the art facility allowing them the best learning experience. Private training sessions are also available for individuals or cheer squads.

Students have goals to aim for throughout the month, and parents receive a progress report each semester.

We also have special events to celebrate holidays or seasons, and we host a Winter Wonderland performance by our students in December and a Mini-Olympics in May.

Classes are designed for different levels of ability:

CHEER 101 / 102 = This class focuses on all the fundamentals of cheerleading; concentrating on jumps, motions, voice and cheer dance. The student will learn proper technique and placement to execute each skill properly.

CHEER TUMBLE = Cheer/Tumble. This class focuses on cheer jumps, motions and tumbling.

#### Tuesdays

CHEER 201 (age 10&up)	5pm-6pm
CHEER TUMBLE (age 10&up)	6pm-7pm

#### Thursdays

CHEER 101 (age 3-9)	4pm-5pm
CHEER 201 (age 10&up)	5pm-6pm

Monthly Rates start at \$75 for 1 hour classes each week. There is a \$5 discount for paying before the 1<sup>st</sup> of the month and \$10 discount for signing up for bank or credit card draft. Family discounts apply. You can sign up at any time during the month. Registration is \$40/year for 1 child, \$75/2 children & \$100/3 or more children. Students receive a membership package.

A class schedule can be found at our front desk, or on our website at [www.PlanetGymnastics.com](http://www.PlanetGymnastics.com). Have your birthday party in the gym. See our brochure.

**Planet Gymnastics....."Making a difference in the life of a child"**