



PLANET GYMNASTICS

TRAMPOLINE & TUMBLING PROGRAM



Front Desk Hours of operation:

Mon - Fri
12 noon – 7pm

900 Schillinger Rd
Mobile, AL 36695

Phone (251) 650-0699
Fax (251) 639-0266

Download our registration forms and
class schedules at your convenience.

Website: www.PlanetGymnastics.com
Email: Info@PlanetGymnastics.com

Mailing Address:
PO Box 850602
Mobile, AL 36685



PLANET GYMNASTICS TRAMPOLINE & TUMBLING PROGRAM

Each child is provided with the opportunity to learn and develop trampoline & tumbling skills, and also the fundamentals of goal setting, creativity, hard work and reward. Our fun and safe environment encourages a positive self-esteem, and a joy of learning.

Our sessions last 6 weeks and follow our Gymnastics Development Plan. Students have goals to aim for throughout the session, and at the end they receive a certificate outlining their achievements, and a ribbon. We also have a special reward system for all students.

We also have a special event each session to celebrate holidays or seasons, and we host a Winter Wonderland performance by our students in December, and a Summer Fun Meet in June.

Girls and boys practice on our 4 Olympic size, ground-level trampolines, 100' long ground-level trampoline track, double mini, rebound tumble track, and foam pits.

Classes are designed for different levels of ability: **Beginner T&T Class** is for new or beginner students ages 6 & up who want to develop their skills. These classes are divided into younger and older students.

Intermediate T&T Class is for students with some experience in trampoline or tumbling.

Back Handspring Class is open to anyone who wants to learn a back handspring. Skill progressions and practice is designed to teach you a great back handspring as quickly and safely as possible.

After completing all levels, students may be invited to join our T&T Competitive Team. Many of our students are State champions or National Champions.

6-week session costs \$83 for 1 hr/week, \$135 for 2 hrs. \$5 discount if prepaid. Family discounts apply. You can sign up at any time during the session. All students must be members. Registration is \$40/year. Students receive a membership package, including t-shirt.

A class schedule can be found at our front desk, or on our website at www.PlanetGymnastics.com. Have your birthday party in the gym. See our brochure.

**Planet Gymnastics....."Making a
difference in the life of a child."**