

## PLANET GYMNASTICS

## TRAMPOLINE & TUMBLING PROGRAM



## **Front Desk Hours of operation:**

Mon - Fri 12 noon – 7pm

900 Schillinger Rd Mobile, AL 36695

Phone (251) 650-0699 Fax (251) 639-9250

Download our registration forms and class schedules at your convenience.

Website: www.PlanetGymnastics.com Email: PlanetGymnasticsAL@comcast.net Find us on Facebook!

> Mailing Address: PO Box 850602 Mobile, AL 36685



## PLANET GYMNASTICS TRAMPOLINE & TUMBLING PROGRAM

Each child is provided with the opportunity to learn and develop trampoline & tumbling skills, and also the fundaments of goal setting, creativity, hard work and reward. Our fun and safe environment encourages a positive self-esteem, and a joy of learning.

Students follow our Gymnastics Development Plan. They have goals to aim for throughout the month, and parents receive a progress report each semester.

We also have special events to celebrate holidays or seasons, and we host a Winter Wonderland performance by our students in December and a Mini-Olympics in May.

Girls and boys practice on our 4 Olympic size, ground-level trampolines, 100' long ground-level trampoline track, rebound tumble track, and foam pits.

Classes are designed for different levels of ability:

Beginner T&T Class is for new or beginner students ages 6 & up who want to develop their skills.

<u>Intermediate T&T Class</u> is for students with some experience in trampoline or tumbling.

**Back Handspring Class** is open to anyone who wants to learn a back handspring. Skill progressions and practice is designed to teach you a great back handspring as quickly and safely as possible.

After completing all levels, students may be invited to join our T&T Competitive Team. Many of our students are State champions or National Champions.

Monthly Rates start at \$78 for 1 hour classes each week. There is a \$5 discount for paying before the 1<sup>st</sup> of the month and \$10 discount for signing up for bank or credit card draft. Family discounts apply. You can sign up at any time during the month. Registration is \$40/year for 1 child, \$75/2 children & \$100/3 or more children. Students receive a membership package.

A class schedule can be found at our front desk, or on our website at <a href="www.PlanetGymnastics.com">www.PlanetGymnastics.com</a></a>
Have your birthday party in the gym. See our brochure.

Planet Gymnastics......"Making a difference in the life of a child."